

La Cumbre Junior High School Walk & Roll Challenge Instructions for Teachers

Each Wednesday, you will ask for a show of hands from your homeroom students that “Walked or Rolled” to school that day. Students should raise their hands if they walked, rode their bike, scooter or skateboard, took the bus, or carpoled with other students (carpooling with family members doesn’t count). Count and record the number of raised hands.

Afterwards, go to the Walk & Roll Tally Sheet at this web address to log your weekly progress:

https://docs.google.com/spreadsheets/ccc?key=0AiUJOD2lgU5FdGdyX0NjNmVkZm1KWVhsc0VPUE9fWw&hl=en_US#gid=40

(For quick access, we recommend creating a desktop shortcut with the link above pasted into the ‘URL’ field in the ‘Web Document’ tab in the shortcut properties. You can also add the link above to your web browser’s ‘Favorites’ list.

For more info about the La Cumbre Junior High Walk & Roll Challenge, contact Kim Stanley-Zimmerman, COAST’s Safe Routes to School Coordinator, at Kim@coast-santabarbara.org.)

This is what the Walk & Roll Tally Sheet (spreadsheet) should look like. Be patient as the spreadsheet may take a few moments to load completely.

	A	B	C	D	E	F	G	H
1								
2	Homeroom Team Fall Semester 2013-14	Classroom Size	10/9/2013	10/16/2013	10/23/2013	10/30/2013	11/6/2013	11/13/2013
3	Abel	26	23	25	24	27	23	23
4	Caines/Jimenez	10						
5	Caiazza	34	26	25	24	25	27	27
6	Cordero	2						
7	Curtis (Library)	2						
8	Dodson	35						
9	Fastmann	23				13	12	10
10	Grimes	25				11	9	9
11	Hartmann	44				32	30	31
12	Heiden	36				28		26
13	Hollingsworth	28						
14	Hufschmid	33						
15	Labrana	30				19	20	21
16	Lozano	17						
17	Mathison	24				17	17	17
18	Mikhail	29						
19	Minadeo	27	17	17	17	16	17	17
20	Moore	28	18	16	18	17	14	14
21	Norton	14	5	6	6	5	5	8
22	Raygoza	26	9	9	10	9	9	9
23	Sidhwa	10	7	8	6	7	8	8
24	Somics	33						
25	Takaya	28						
26								
27								
28	Homeroom Team Winter/Spring Semester 2013-14	Classroom Size				2/12/2014	2/19/2014	2/26/2014
29	Abel	26						
30	Caines/Jimenez	10						
31	Caiazza	34						

This is a Google Spreadsheet, which means anyone can publicly view and edit its data. Be sure to double-check your data to ensure it’s correct! All data entry and changes are saved immediately as they are made. When you are done entering data, simply close the browser window.

When you scroll to the far right in the spreadsheet, you will see the 'Cumulative Average Percentage' column. For each Homeroom Team, this column shows the current running average percent of 'Engaged Students' to-date who 'Walked & Rolled' to school out of the total Classroom Size. If you hover your cursor over the column title or any of its cells, you'll see the comment box below appear with a description of what's shown. The Cumulative Average Percentage automatically adjusts based on Classroom Size (if it changes throughout the year) and elapsed weeks. Note that past weeks left empty (no data entered) will bring down your Cumulative Average Percentage, so be sure to enter your Walk & Roll totals every week!

Cumulative Average Percentage		K	L	M	N	O	P	Q	R	S	
2	Homeroom Team Fall Semester 2013-14	Classroom Size	12/11/2013	12/18/2013	1/8/2014	1/15/2014	Cumulative Average Percentage				
3	Abel	26		25			91.45%				
4	Caines/Jimenez	10					0.00%				
5	Calazza	34	27				78.10%				
6	Cordero	2					0.00%				
7	Curtis (Library)	2					0.00%				
8	Dodson	35					9.52%				
9	Fastmann	23					26.57%				
10	Grimes	25	9				37.33%				
11	Hartmann	44					61.36%				
12	Heiden	36					45.99%				
13	Hollingsworth	28					0.00%				
14	Hufschmid	33					0.00%				
15	Labrana	30					42.59%				
16	Lozano	17					13.07%				
17	Mathison	24					47.22%				
18	Mikhail	29					0.00%				
19	Minadeo	27					48.97%				
20	Moore	28					45.24%				
21	Norton	14	9	6			48.41%				
22	Raygoza	26	11				35.90%				
23	Sidhwa	10					48.89%				
24	Somics	33					0.00%				
25	Takaya	28					0.00%				
28	Homeroom Team Winter/Spring Semester 2013-14	Classroom Size	3/19/2014	4/2/2014	4/9/2014	4/16/2014	4/23/2014	4/30/2014	5/7/2014	5/14/2014	Cumulative Average Percentage
29	Abel	26									
30	Caines/Jimenez	10									
31	Calazza	34									

You can use the 'Cumulative Average Percentage' column to compare your classroom standing with that of other Homeroom Teams for a healthy Walk & Roll Challenge competition among classrooms!

That's all there is to it...good luck! If you have questions, don't hesitate to let Kim know!

Here's to healthier, happier and more productive students!